INSTRUCTION TO AUTHOR

International Journal of Research in Mental Health Nursing

International Journal of Research in Mental Health Nursing (ISSN – Print: Applied For) is an international, peer-reviewed journal dedicated to advancing knowledge and promoting excellence in adult health nursing and medical-surgical nursing. The aim of IJRMHN is to disseminate high-quality, original research and evidence-based practices that contribute to the improvement of patient care, nursing education, clinical practice, and healthcare outcomes. The journal publishes Original Research Articles, Review Articles, Short Communications, Case Reports, and other scholarly contributions in the field of mental health nursing and healthcare. Topics covered include Psychiatric Nursing, Mental Health Assessment, Psychological Well-being, Mental Health Promotion, Mental Health Disorders, Psychosocial Interventions, Therapeutic Communication, Counselling and Psychotherapy, Community Mental Health Nursing, Child and Adolescent Mental Health, Geriatric Mental Health, Substance Use and Addiction, Crisis Intervention, Suicide Prevention, Stress Management, Trauma-Informed Care, Nursing Education, Evidence-Based Nursing Practice, Clinical Mental Health Research, Rehabilitation Nursing, Patient Safety, and innovations in mental health nursing practice and healthcare delivery.

General
All submitted manuscripts should contain original work neither published previously nor under consideration for publication elsewhere. Articles shall be accepted from any country provided submitted in English language only. There is page limitation for articles up to 10 pages; the authors must strive to present their results as clearly and concisely as possible. Authors, in their cover note to Editor, shall have to clearly mention whether the manuscript is to be considered as a Research article, Short communications or a Review article.

Peer review policy
The journal aims Publication of articles while maintaining rigorous peer review process, each article will be subjected to a minimum of two reviews by two individual reviewers. Reviewers will be insisted to review the paper within 15 days time and if he/ she fail to return will be sent to other reviewer for review. The reviewer shall review the article as per instruction to author, special emphasis on spelling, format of references in text and reference section, methodology, citation of journals cited, and summary and findings. Manuscripts shall go through a peer review process to adjudge their suitability and authenticity, for publication in the journal. A confirmation about the acceptance of the manuscript will be sent to e-mail address of the corresponding author. Please check your e-mail account frequently, because you will receive all important information about your manuscript through e-mail only.

Submission of Manuscript
Authors may submit the articles only through the online manuscript submission Submit a Paper system. Authors are advised to submit the articles as MS Word 2003 or 2007 format only, with the pdf copy of letter for publication and copyright form duly signed by author/(s), scanned.

File size
Authors will be requested to substantiate the need if it exceeds the maximum number of pages. The file size of the MS word format may not exceed 10 MB size for submission through manuscript submission portal of www.anvpublication.org.

Language
Language of the articles should be only in English, we are not processing articles in any other languages

Font type
Articles should be typed in single line spacing with the following font pattern
Font type : Times new roman
Size **:** For heading or title: 14 points and Bold (Small Letters, not capitalize the titles unnecessarily unless required, e.g. HPLC, HPTLC, UV, GC, TLC, SEM, TEM, etc.)
Author/ Coauthors name: 11 points and Bold Affiliation/ Institute name: 10 points
For subtitles: 11 points and Bold Content of article : 10 points
Table title and Content: 8 points

Submission order
The following order should be strictly followed while submitting the article
Front page: (Page-1) Title of article, authors' names, authors' institutional affiliations only and leave other spaces empty
On second page: (Page-2) Start with abstract of about 200- 400 words exactly conveying the content of the article, Keywords (at least 5 words)
On third page: (Page-3 onwards) Main content text with all tables and figures aligned in their proper place (do not send tables and figures separately unless requested), List of symbols and Abbreviations, Acknowledgement, References (follow standard format),

Preparation of manuscripts:
Manuscripts should be submitted as per order: Title Page, name of author (s), Abstract, Key words, Introduction, Material and Methods, Results, Discussion, Acknowledgements (if necessary) and References. If the Result and Discussion sections are combined, then a Conclusion section should be added.

Title Page: The first page should contain a concise and informative title, the names and addresses of the authors and contact details of the corresponding author (postal address, e-mail, and fax and telephone numbers).

Abstract: It should be about 200-400 words. Key words: A maximum of 5 key words must be given at the end of the Abstract.

Introduction: This part should define the background and significance of the study by considering the relevant literature, particularly the most recent publications.

Material and Methods: Please provide concise but complete information about the material and the analytical, statistical and experimental procedures used. This part should be as clear as possible to enable other scientists to repeat the research presented.

Results: In this part, the same data/ information given in a table must not be repeated in a figure, or vice versa. It is not acceptable to repeat extensively the numerals from tables into text and give lengthy and unnecessary explanations of the Tables and Figures.

Discussion: This part must be written with reference to the tables and figures and by considering information from the literature. Statements made in the Introduction and Results sections should not be repeated here.
Acknowledgements: If necessary, a brief Acknowledgements

section may be included.

References: References should be cited in the text in Arabic numerals in superscript. The references should be cited at the end of the manuscript in the order of their appearance in the text. For citation of references with three or more authors, only the first author's name followed by et al. should be used. Example of References to journal articles, books, chapters in books, etc. should be cited, as follows:

Journal Articles
Samuel PK, Rupa G. A Study to Assess Level of Job Satisfaction and Subjective Wellbeing of Teaching Faculty Employed in Selected Colleges of Nursing at Pandalam, Pathanamthitta District, Kerala. Asian Journal of Nursing Education and Research. 2017 Apr 1;7(2): 222-4.doi: 10.5958/2349-2996.2017.00045.3

Singh AK. Acid Catalised Solvolysis of Amyl Methanoate in Binary Aquous solvent system and solvent effect on kinetics of activation parameters. Asian Journal of Research in Chemistry. 2020 Nov 1;13(6):485-8. doi: 10.5958/0974-4150.2020.00085.1

Al-Ogaili NA, Osama S, Jazme D, Saad S. In Vitro Antibacterial investigation and Synergistic Effect of Ficus carica and Olea europaea Aqueous Extracts. Research Journal of Pharmacy and Technology. 2020 Mar 1;13(3): 1198-203.doi: 10.5958/0974-360X.2020.00221.8

Book
Stacey GL and Keen NT. Plant-microbe interactions. Chapman and Hall, New York.1996.

Book Chapter
Mandell GL. and. Petri WA. Antimicrobial agents: Penicillins, Cephalosporins, and other ß-lactam antibiotics. In Goodman and Gilman`s. The pharmacological basis of therapeutics, Edited by Hardman JG and Limbird LE. McGraw-Hill, New York. 1996; 9th ed: pp. 1073-1101.

Electronic journal article/ World Wide Web:
G. Mallika, V. Tulasi Das. Impact of Stress on working performance of Nurses and Organizational effectiveness in Hospitals. Asian Journal of Management. 2020;11(3):225-32. doi: 10.5958/2321-5763.2020.00035.9 available on https://ajmjournal.com/AbstractView.aspx?PID=2020-11-3-1

Figures:
Photos or drawings must have a good contrast of dark and light. Legends of figures should be brief, but complete and self- explanatory so that the reader can easily understand the results presented in the figure. Figure legends should be attached to the figures. All figure number should be arranged orderly, the figures should not be supplied separately but pasted in the proper place. Figure number and title should be given below the figure, the content of the figure should be explained in the title of figure.

Tables:
All tables should be numbered in order with grid lines. The table number should be properly given, large size tables should be split into two or more tables so that it can be accommodated within the page size. Table width and cell sizing should be even and all the content should be left side aligned. Number of the tables and title should be given above the tables and without any border, shading. Do not give on separate page. The table should with a brief but complete and self-explanatory caption so that the reader can easily understand the results presented in the table. Please do not duplicate material that is already presented in the figures.

Ethics and Consent
When reporting experiments on human subjects, authors should indicate whether the procedure follows were in accordance with the ethical standards of the responsible committee on human experimentation. Do not use patients' names, initials, or hospital numbers, especially in illustrative material. Papers including animal experiments or clinical trials must be conducted with approval by the local animal care or human subject committees, respectively.

Certificate of Conflict of Interest/ Plagiarism Report
Author(s) shall declared the conflict of interest Yes/ No before submission of manuscript for publication. The conflict of interest as mentioned in manuscript before references section or by the use of any free plagiarism checker, the author(s) shall provide the plagiarism report with submission of manuscript.

Plagiarism Checker
The author(s) must submit a plagiarism report along with the manuscript at the time of submission. The journal accepts plagiarism reports generated by using recognized plagiarism detection software such as Plagiarism Checker X, DrillBit, Turnitin, or iThenticate**.**

Processing charges:
There is no processing fees or publication charges. The one printed copy of journal will be posted after publication of article at the postal address of corresponding author. Also one pdf copy of published manuscript shall be send as attached documents at your email. There is no processing fee for co-authors.

Transfer of copyright agreement:
The article entitled _____is herewith submitted for publication in **International Journal of Research in Mental Health Nursing (IJRMHN)**. It has not been published before, and it is not under consideration for publication in any other journal (s). It has not been published before, and it is not under consideration for publication in any other journal (s). It contains no matter that is scandalous, obscene, libelous, or otherwise contrary to law. I/We agree that copies made under these circumstances will continue to carry the copyright notice that appeared in the original published work. I/We certify that I/We have obtained written permission for the use of text, tables, and/or illustrations from any copyrighted source(s), and I/We agree to supply such written permission(s) to **International Journal of Research in Mental Health Nursing** upon request. When the article is accepted for publication, I/We, as author/authors, hereby agree to transfer(s), assign(s), or otherwise convey(s) all copyright ownership, including any and all rights incidental thereto, exclusively to the Journal, in the event that such work is published by the Journal. The Journal shall own the work, including 1) copyright; 2) the right to grant permission to republish the article in whole or in part, with or without fee; 3) the right to produce preprints or reprints and translate into languages other than English for sale or free distribution; and 4) the right to republish the work in a collection of articles in any other mechanical or electronic format. The article will be published under the terms of the latest Creative Commons Attribution-NonCommercial- ShareAlike License, unless the journal notifies the author otherwise in writing.

Name(s) and designation Signature of author(s) with date

Name(s) of Institution/ Organization